

# What to do in case of a storm

The duration of a storm is normally around one hour and be accompanied by lightning and thunder. At the beginning of a storm, you must find a shelter and take precautions to protect yourself from lightning. The following provides helpful tips on what to do in this type of situation.

## **BEFORE THE STORM :**

- ☺ Listen to weather advisories
- ☺ Have an emergency kit close at hand
- ☺ Identify places where you and your family can take shelter.
- ☺ Tie down and secure anything that could be blown away.

## **DURING THE STORM :**

- ☞ Stay away from windows, doors, radiators, the kitchen range, metal pipes, sinks and any other conductive material.
- ☞ Unplug television sets, radios, toasters and other electrical appliances.
- ☞ Do not touch taps, or take a bath or a shower.
- ☞ Do not use the telephone or electrical appliances. On the other hand, the cellular is safe.
- ☞ If you are outdoors, take shelter in a building or a ditch.
- ☞ Avoid taking refuge in a building with a sheet metal roof, supported by wood beams.
- ☞ Never take cover under a tree, an umbrella or a telephone box.
- ☞ Never stretch out on the ground, never stand up with open legs, don't take big strides, the electrocution risk by the ground is increased.
- ☞ If you are out in the open, squat down keeping your feet together and your head down.
- ☞ Keep away from electrical and telephone wires, fences, trees and raised areas.
- ☞ If you are in a car, park your vehicle far from trees and electrical wires and remain inside.

## **AFTER THE STORM :**

- ☞ Do not enter the disaster zone and stay away from hanging electrical wires. Avoid using the telephone unless absolutely necessary.